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ABSTRACT

Intended for parents of children ages 2 to 10 years, this videotape offers parents alternative strategies to yelling, threatening, and putting down for dealing with children's challenging behaviors. The 35-minute video features scenarios of four common, challenging behaviors: (1) when children are very active; (2) when they get angry; (3) when they whine; and (4) when they fight with siblings. Following each scene is a opportunity for the viewer or workshop leader to pause the program and discuss alternatives to the parent's response in the video. A variety of positive, practical parenting techniques are then presented to address the behavior at hand. The program emphasizes prevention: understanding children, keeping age appropriate expectations, thinking before doing, emphasizing "do's" before "don'ts" and establishing clear family rules in advance. A discussion guide accompanies the video, which includes questions to consider for each scenario, helpful information pertaining to the behavior in the scenario, and specific parenting techniques suggested in the video. (HTH)

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